









POSITIONAL Influence:

Your ability to influence a kid is based on you being an <u>AUTHORITY</u> in the kid's life

RELATIONAL Influence:
Your ability to influence a kid is based on your RELATIONSHIP with him/her
PHASE
What's the goal of parenting?



The goal of parenting:

To help your **<u>KID</u>** become an <u>**ADULT**</u>.

PHASE

Important Qualities in an Adult:

Empathy Responsible Decisions Think Critically Learn from mistakes





Purpose of parenting is NOT:

To be **<u>PERFECT</u>**.

 $\mathsf{P}\,\mathsf{H}\,\mathsf{A}\,\mathsf{S}\,\mathsf{E}$

Purpose of parenting is NOT:

To be your kid's **BEST FRIEND**.



Physical:

Puberty Pubic hair Growth spurts Genitalia starts developing Guys - voice change Acne

PHASE

Emotional:

5th Grade · Friends are more important · They seek peer approval · Motivated by fun

Emotional:

6th Grade · Acceptance is key · Abnormal becomes the norm (they're weird, almost bipolar) · Motivated by fun

PHASE

Mental:

YES!!!!



Mental:

5th Grade • Can name all of the major emotions • Has a hard time regulating fear • Motivated by fun

PHASE

Mental:

6th Grade

 Brain is short-circuiting and rewiring itself to think abstractly

 \cdot Expands black-and-white thinking to consider motive

 \cdot Expands empathy beyond just people they know

 Understands complex emotions, but desires to shut them out in order to fit in



Spiritual:

(How to connect them with God)

PHASE

And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children.

Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. Tie them to your hands and wear them on your forehead as reminders. Write them on the doorposts of your house and on your gates.

Deuteronomy 6:6-9

PHASE

Spiritual:

5th Grade • Tell stories with a concrete idea • Use real illustrations to help them relate ideas to their lives • Make faith fun



Spiritual:

6th Grade · Connect the dots · Expect a crisis and use it to point them to God · Be consistent

PHASE

What to Do?



ENGAGE:

Provide stability
Pursue them through their interests
Set boundaries and honor them
Show up where they show up
Help students have a dynamic view of God

PHASE

AFFIRM:

Who they are and who they are becoming
Emotional intelligence and moral foundation
Help them understand what's going on with them and that everything's okay



Physical:	
<u>COMMUNICATE</u> and <u>CELEBRATE</u> the changes that are coming	
P	H A S E
Mental:	
MEET them with what they LIKE	
P	HASE

Emotional:

FAMILY DINNER at least once a week

 $\mathsf{P}\,\mathsf{H}\,\mathsf{A}\,\mathsf{S}\,\mathsf{E}$

Spiritual:

Talk about <u>GOD</u> and make him <u>RELEVANT</u> in everyday life



"Spirituality is determined by how well one loves, not how much one knows." -Andy Stanley